Matches will be sent out tomorrow morning!

### AOE ALUMNI MENTORING PROGRAM NEW-MENTEE ORIENTATION

Website: <u>www.aoe.vt.edu/mentor</u> E-mail: <u>aoe-alumni-mentoring-g@vt.edu</u> Academic Year: 2022-2023

COLLEGE OF ENGINEERING KEVIN T. CROFTON DEPARTMENT OF AEROSPACE AND OCEAN ENGINEERING VIRGINIA TECH...

September 27<sup>th</sup>, 2022

### Introduction

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Abby Caslin Aerospace Engineering Class of '22 Lockheed Martin F-35/ADP Flight Sciences



Nicole Pelliccia Aerospace Engineering Class of '15 Atlassian DevOps Program Manager

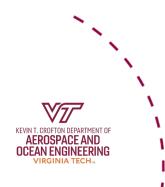


Jama Green Kevin T. Crofton Department of Aerospace and Ocean Engineering External Relations Manager

AOE Alumni Mentoring Program

### **Orientation Overview**

- Alumni Mentoring Program Overview
- Introduction Email
- Mentor/Mentee Agreement & Goal Setting



# **Program Overview**



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### Goals of AMP

- The intent of this program is to connect alumni with current students and provide an opportunity for current students to receive class and career guidance as well as professional and soft skills
- The formal mentoring relationship is **intended to last one academic year**, but mentors and mentees are encouraged to keep in touch after the year has ended
- Matches are made between alumni and students who share similar professional goals and interests
- Mentors and mentees will determine their own schedule for communicating and meeting, but we encourage you to communicate twice a month

**Note:** If you do not hear from your mentor – let us know! We are here to help

### Role as a Mentee

- Seek advice and counsel from your mentor on a variety of topics
- **Complete required and suggested activities** that will help the student develop experiences and skills
- Improve interpersonal skills for career fairs and interviews by networking with alumni
- Learn about various career options by talking to mentors & their contacts

Quality of mentoring relationship depends on both people - this is what you make it!



### Role as a Mentor

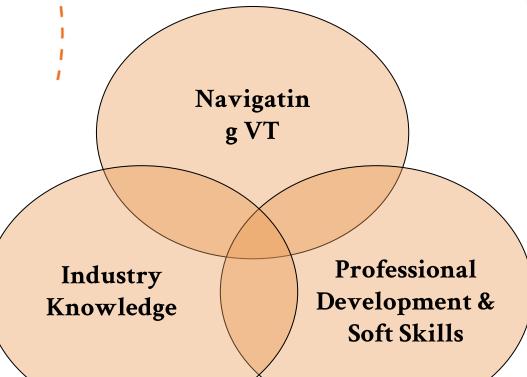
- Offer **advice** and counsel
- Complete suggested activities or resources that will help the student develop experiences and skills
- Assist the student with career exploration and vocational discernment
- Serve as a confidante during times of difficulty

**Note:** The purpose of this program is <u>NOT</u> for your mentor to find you a job



### Types of Mentorships You Can Gain

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And Anywhere in Between!

AOE Alumni Mentoring Program

### For Starters...

- Professional Development
  - Writing a Resume
  - Writing a Cover Letter
  - LinkedIn

- Practice Interviews
- Elevator Speech Practice
- Technical & Soft Skills
  - Tools/Softwares to Learn
  - Experiences Working with a Team
  - Advocating for Oneself

- Industry Knowledge
  - What types of programs are out there that may interest you?
  - What is the difference between concentrations? How specific can you get?
  - How does the hierarchy work at the company? Leadership opportunities?
  - Etc.



### Things to Think About

#### Sophomore:

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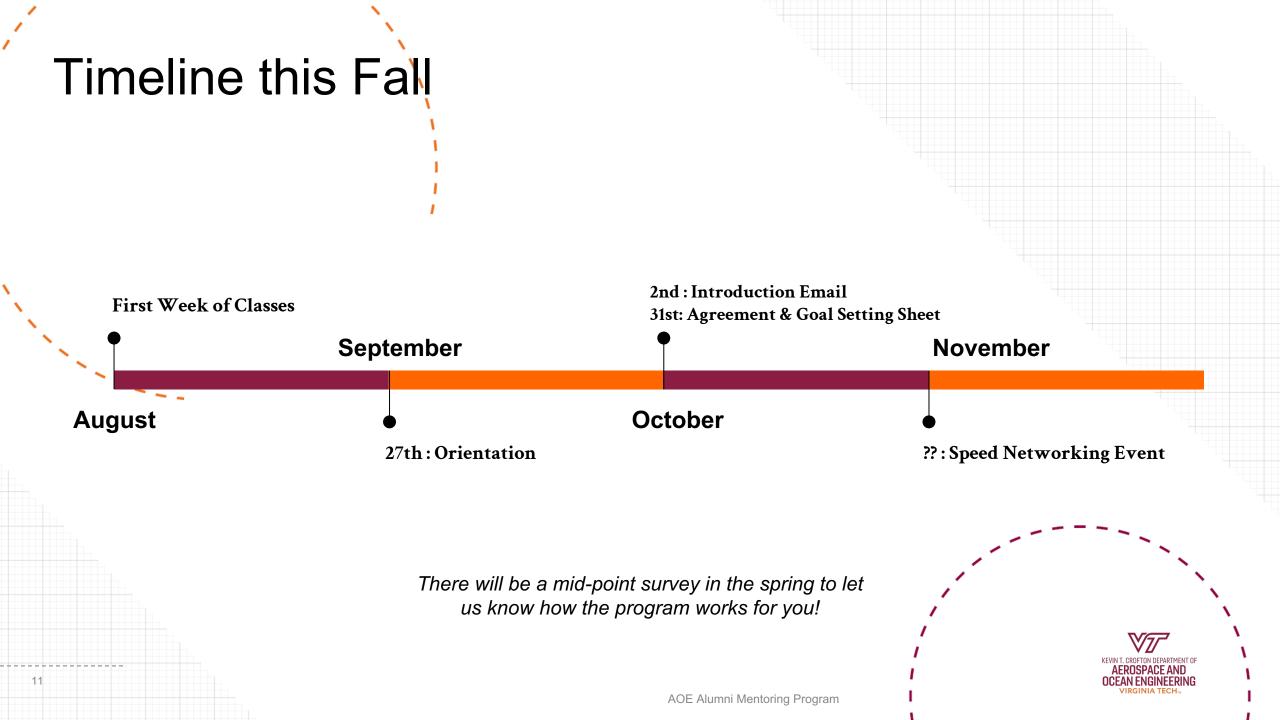
- Concentration
- Tech Electives
- Industry Discipline
- Internship vs. Co-Op

#### Junior:

- Companies of Interest
- Research vs Industry
- Industry Concentrations

#### Senior:

- Programs of Interest
- Location & Benefits
- Company Culture
- Types of Leadership Roles
- Masters?

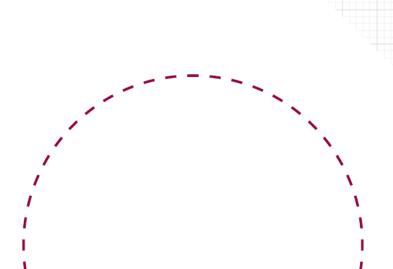


# **Introduction Email**

### Mandatory: Due October 2<sup>nd</sup>



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### Contents

- Introduction Sentence: Address your mentor properly first. Use "Mr." "Mrs." "Ms." "Dr.", etc.
  If you are unsure of their preferred pronouns, "Dear" is perfectly acceptable.
- Introduce Yourself: Tell your mentor your name and a little bit about yourself, including your degree level, academic interests and hometown.
- **Explain Your Reason for Writing:** Let your mentor know that you've been paired through the AOE Alumni Mentoring Program and why you're reaching out.
- Share More About Yourself: Share a few more details about yourself that add a personal touch to your e-mail. Topics can include hobbies, extracurricular interests, and some high-level goals, which are all great introductory details.



### Contents (cont.)

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- Set Action Items: It will be important to set action items for your next communication each time you and your mentor communicate. In this instance, it is appropriate to let your mentor know that you're looking forward to hearing from them.
- End the E-mail: Consider thanking your mentor for volunteering their time and use one of the following closings to end the e-mail before signing your name: Sincerely, Best regards, Thank you, or All the best.

**Note:** "Sign" your e-mail with the name you'd like your mentor to call you. If your name is "Jessica", but you prefer to go by "Jess" use that. On the flipside, take note of how your mentor signs their e-mails and use that name when you address them.

### Example Email

#### Dear Dr. Smith,

My name is Jessica Johnson and I am a 3rd year AOE student from Fairfax, Virginia. I received your contact information through AOE Alumni Mentoring Program and am excited to have you as my mentor this semester! I also want to share a little bit more about myself. Outside of classes, I enjoy running, cooking, and traveling. I am also a huge Virginia Tech football fan and attend as many games as I can! In the near future, I am hoping to get involved with undergraduate research in my field, but am also considering participating in the co-op program. I am looking forward to learning more about you too. Please let me know if there is a time we can set up a phone call so I can learn more about you and we can discuss our mentoring relationship.

Sincerely,

Jess

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Note: This template is just a guide. Feel free to use your own wording and voice.



# Mentor/Mentee Agreement & Goal Setting Worksheet

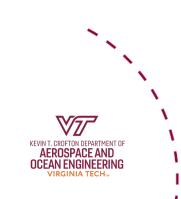
Voluntary: Due October 31st



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### **Mentee/Mentor Agreement Section**

- The goal here is to establish what will work for the two of you
- **Expectations of each other:** Provide feedback/resources, be understanding of the other person's schedule, create a casual/formal environment, have mutual respect, etc.
- Frequency of communication: How many times per month?
- Method of Communication: Skype/Email/Zoom/Call?



## **Goal Setting Section**

- This section is for the mentee to set long term goals and have the input of the mentor to help figure out how to reach those goals
- These can include anything from a dream job title to improving your soft skills to choosing your technical concentration
- Declaring what you are currently doing and how you can improve will help accomplish short term goals to then lead you to accomplishing your long term goal





These slides are located on our website to refer back to! Website: <u>www.aoe.vt.edu/mentor</u> E-mail: <u>aoe-alumni-mentoring-g@vt.edu</u>



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